



Karbener Stadtlauf  
Klein-Karben / 10.08.2014

## Detailed evaluation

**Uhl, Roger**

Club: TSG Kleinostheim  
Number: 1643

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 37:04

Speed: 16.19 km/h  
Running performance: 3:43 min/km

Rank in course/Total: 5 (of 208)

Rank in course/Men: 5 (of 144)

Best time in course: 36:24

Rank in category: 2(of 28)

Best time in the category: 36:24