



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Völp, Thomas

Club: Frika Triatlon
Number: 1928

Course: 21.10 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:57:45

Speed: 10.70 km/h
Running performance: 5:35 min/km

Rank in course/Total: 117 (of 178)

Rank in course/Men: 102 (of 139)

Best time in course: 1:12:14

Rank in category: 20(of 27)

Best time in the category: 1:21:48