



Karbener Stadtlauf  
Klein-Karben / 10.08.2014

## Detailed evaluation

von Maltzahn, Hans

Club: Pfungstadt  
Number: 1858

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:57:51

Speed: 10.69 km/h  
Running performance: 5:35 min/km

Rank in course/Total: 118 (of 178)

Rank in course/Men: 103 (of 139)

Best time in course: 1:12:14

Rank in category: 16(of 20)

Best time in the category: 1:28:59