



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Volk, Georg

Club: Frankfurt
Number: 1904

Course: 21.10 km
Halbmarathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:02:08

Speed: 10.32 km/h
Running performance: 5:47 min/km

Rank in course/Total: 137 (of 178)

Rank in course/Men: 113 (of 139)

Best time in course: 1:12:14

Rank in category: 12(of 16)

Best time in the category: 1:34:23