



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Beck, Roland

Club: Nidderau
Number: 1922

Course: 21.10 km
Halbmarathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:02:35

Speed: 10.33 km/h
Running performance: 5:49 min/km

Rank in course/Total: 138 (of 178)

Rank in course/Men: 114 (of 139)

Best time in course: 1:12:14

Rank in category: 13(of 16)

Best time in the category: 1:34:23