



Karbener Stadtlauf  
Klein-Karben / 10.08.2014

## Detailed evaluation

**Beck, Roland**

Club: Nidderau  
Number: 1922

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:02:35

Speed: 10.28 km/h  
Running performance: 5:49 min/km

Rank in course/Total: 138 (of 178)

Rank in course/Men: 114 (of 139)

Best time in course: 1:12:14

Rank in category: 13(of 16)

Best time in the category: 1:34:23