



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Graf, Michael

Club: Bio Runner Rhein-Main
Number: 1787

Course: 21.10 km
Halbmarathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:10:35

Speed: 9.65 km/h
Running performance: 6:11 min/km

Rank in course/Total: 157 (of 178)

Rank in course/Men: 127 (of 139)

Best time in course: 1:12:14

Rank in category: 15(of 16)

Best time in the category: 1:34:23