



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Tontsch, Stefan

Club: Frankfurt
Number: 1854

Course: 21.10 km
Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:11:13

Speed: 9.65 km/h
Running performance: 6:13 min/km

Rank in course/Total: 160 (of 178)

Rank in course/Men: 128 (of 139)

Best time in course: 1:12:14

Rank in category: 18(of 20)

Best time in the category: 1:28:59