



Karbener Stadtlauf  
Klein-Karben / 10.08.2014

## Detailed evaluation

Schönbeck, Dirk

Number: 1644

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 40:17

Speed: 14.89 km/h

Running performance: 4:02 min/km

Rank in course/Total: 14 (of 208)

Rank in course/Men: 14 (of 144)

Best time in course: 36:24

Rank in category: 3(of 16)

Best time in the category: 37:01