



Karbener Stadtlauf  
Klein-Karben / 10.08.2014

## Detailed evaluation

**Krause, Werner**

Club: TV Limburg  
Number: 1619

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 41:49

Speed: 14.35 km/h  
Running performance: 4:11 min/km

Rank in course/Total: 22 (of 208)

Rank in course/Men: 20 (of 144)

Best time in course: 36:24

Rank in category: 1(of 11)

Best time in the category: 41:49