



Karbener Stadtlauf  
Klein-Karben / 10.08.2014

## Detailed evaluation

**Stelker, Helmuth**

Club: Friedrichsdorf  
Number: 1292

Course: 5.30 km  
Jedermannlauf

Category:  
Männer

Total time: 37:45

Speed: 7.95 km/h  
Running performance: 7:07 min/km

Rank in course/Total: 51 (of 68)

Rank in course/Men: 34 (of 38)

Best time in course: 19:47

Rank in category: 34(of 38)

Best time in the category: 19:47