



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Weilnau, Carsten

Club: TV Dauborn
Number: 1618

Course: 10.00 km
10 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 44:29

Speed: 13.49 km/h
Running performance: 4:27 min/km

Rank in course/Total: 34 (of 208)

Rank in course/Men: 31 (of 144)

Best time in course: 36:24

Rank in category: 3(of 12)

Best time in the category: 42:36