



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Diemer, Jascha

Club: Darmstadt
Number: 1423

Course: 10.00 km
10 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 44:40

Speed: 13.43 km/h
Running performance: 4:28 min/km

Rank in course/Total: 35 (of 208)

Rank in course/Men: 32 (of 144)

Best time in course: 36:24

Rank in category: 6(of 19)

Best time in the category: 36:28