



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Aigner, Gerd

Total time: 1:22:34

Number: 118

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 171 (of 313)

Rank in course/Men: 147 (of 231)

Best time in course: 58:01

Category:

männliche AK 4 (TM 35)

Rank in category: 20(of 28)

Best time in the category: 1:03:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:26	2.41	24	4:16	168	5:23	0.50	12:26	2.41	29	2:54	232	2:48
Wechsel S->R	-	4:15	-	27	2:43	207	3:07	0.50	16:41	1.80	29	5:06	232	4:49
Schwimmen Total	0.50	16:41	1.80	29	5:06	232	4:49	0.50	16:41	1.80	29	5:06	232	4:49
ZZ Rad	5.75	8:09	42.33	20	1:19	119	1:43	6.25	24:50	15.10	29	5:18	232	5:36
ZZ Rad	4.25	11:18	22.57	18	1:49	120	2:03	10.50	36:08	17.44	27		227	6:49
ZZ Rad	4.25	11:29	22.21	20	1:59	133	2:10	14.75	47:37	18.59	27		227	8:17
Rad Ziel	5.75	9:07	37.84	21	1:42	139	4:30	20.50	56:44	21.68	29	6:48	232	9:36
Rad Net	20.00	40:03	29.96	22	21:54	135	21:54	20.50	56:44	21.68	29	6:48	232	9:36
Wechsel R->L	-	1:49	-	25	1:06	204	1:20	20.50	58:33	21.01	28		229	10:29
Rad Total	20.00	41:52	28.66	23	21:40	148	21:40	20.50	58:33	21.01	28		229	10:29
ZZ Lauf	2.50	11:38	12.89	15	2:47	98	3:39	23.00	1:10:11	19.66	27		228	13:16
Lauf Ziel	2.50	12:23	12.11	15	2:58	115	3:50	25.50	1:22:34	18.53	20	19:14	147	24:33
Lauf Total	5.00	24:01	12.49	15	5:45	107	7:22	25.50	1:22:34	18.53	20	19:14	147	24:33