



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Schneider, Dieter

Club: SG Stern Mannheim

Number: 129

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

Senioren 5 (TM 60)

Total time: 1:24:56

Rank in course/Total: 197 (of 313)

Rank in course/Men: 166 (of 231)

Best time in course: 58:01

Rank in category: 6(of 11)

Best time in the category: 1:13:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:51	2.33	6	2:46	184	5:48	0.50	12:51	2.33	12	2:46	232	3:13
Wechsel S->R	-	3:48	-	8	1:52	193	2:40	0.50	16:39	1.80	12	4:38	232	4:47
Schwimmen Total	0.50	16:39	1.80	12	4:38	232	4:47	0.50	16:39	1.80	12	4:38	232	4:47
ZZ Rad	5.75	8:12	42.07	6	0:30	126	1:46	6.25	24:51	15.09	12	5:05	232	5:37
ZZ Rad	4.25	11:17	22.60	5	0:34	117	2:02	10.50	36:08	17.44	12	5:39	227	6:49
ZZ Rad	4.25	11:31	22.14	6	1:00	139	2:12	14.75	47:39	18.57	12	6:31	227	8:19
Rad Ziel	5.75	9:14	37.36	6	1:05	149	4:37	20.50	56:53	21.62	12	7:36	232	9:45
Rad Net	20.00	40:14	29.83	5	2:58	139	22:05	20.50	56:53	21.62	12	7:36	232	9:45
Wechsel R->L	-	1:01	-	5	0:22	97	0:32	20.50	57:54	21.24	12	7:58	229	9:50
Rad Total	20.00	41:15	29.09	6	3:20	135	21:03	20.50	57:54	21.24	12	7:58	229	9:50
ZZ Lauf	2.50	13:13	11.35	6	1:48	163	5:14	23.00	1:11:07	19.40	12	9:46	228	14:12
Lauf Ziel	2.50	13:49	10.86	6	2:02	168	5:16	25.50	1:24:56	18.01	6	11:29	166	26:55
Lauf Total	5.00	27:02	11.10	6	3:37	169	10:23	25.50	1:24:56	18.01	6	11:29	166	26:55