



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Breth, Gaby

Total time: 1:28:45

Club: LLG Wonnegau

Number: 144

Course: 25.50 km

Rank in course/Total: 222 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 42 (of 82)

Best time in course: 1:06:42

Category:

Rank in category: 7(of 13)

Seniorinnen 3 (TW 50)

Best time in the category: 1:16:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	14:06	2.13	12	2:29	70	7:21	0.50	14:06	2.13	14	2:11	83	
Wechsel S->R	-	3:12	-	9	1:15	54	1:42	0.50	17:18	1.73	14	2:38	83	
Schwimmen Total	0.50	17:18	1.73	14	2:38	83		0.50	17:18	1.73	14	2:38	83	
ZZ Rad	5.75	9:21	36.90	9	1:22	54	2:01	6.25	26:39	14.07	14	2:51	83	
ZZ Rad	4.25	12:51	19.84	8	2:06	49	2:48	10.50	39:30	15.95	14	3:26	83	
ZZ Rad	4.25	12:41	20.11	7	1:46	48	2:38	14.75	52:11	16.96	14	3:59	83	
Rad Ziel	5.75	10:15	33.66	8	1:29	49	2:17	20.50	1:02:26	19.70	14	4:47	83	
Rad Net	20.00	45:08	26.59	8	6:43	50	9:44	20.50	1:02:26	19.70	14	4:47	83	
Wechsel R->L	-	1:55	-	11	0:55	74	1:20	20.50	1:04:21	19.11	14	4:57	83	
Rad Total	20.00	47:03	25.50	10	7:36	54	10:58	20.50	1:04:21	19.11	14	4:57	83	
ZZ Lauf	2.50	11:41	12.84	3	1:02	15	2:48	23.00	1:16:02	18.15	14	3:51	83	
Lauf Ziel	2.50	12:43	11.80	3	1:40	22	3:28	25.50	1:28:45	17.24	7	12:25	42	22:03
Lauf Total	5.00	24:24	12.30	3	2:42	18	6:16	25.50	1:28:45	17.24	7	12:25	42	22:03