



# 11. Triathlon Lorsch

Lorsch / 10.08.2014

## Detailed evaluation

**Meyer, Michael**

Club: Heppenheimer Skiclub

Number: 47

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

männliche AK 4 (TM 35)

**Total time: 1:13:28**

Rank in course/Total: 61 (of 313)

Rank in course/Men: 58 (of 231)

Best time in course: 58:01

Rank in category: 9(of 28)

Best time in the category: 1:03:20

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
|-----------------|-------------|---------------|---------------|-------------|----------------|------------|---------------|-------------|---------------|---------------|-------------|----------------|------------|---------------|
| Schwimmen nett  | 0.50        | 8:55          | 3.36          | 3           | 0:45           | 20         | 1:52          | 0.50        | 8:55          | 3.36          | 29          |                | 12         |               |
| Wechsel S->R    | -           | 1:32          | -             | 1           | -              | 6          | 0:24          | 0.50        | 10:27         | 2.87          | 29          |                | 12         |               |
| Schwimmen Total | 0.50        | 10:27         | 2.87          | 29          |                | 12         |               | 0.50        | 10:27         | 2.87          | 29          |                | 12         |               |
| ZZ Rad          | 5.75        | 8:18          | 41.57         | 21          | 1:28           | 143        | 1:52          | 6.25        | 18:45         | 20.00         | 29          |                | 12         |               |
| ZZ Rad          | 4.25        | 11:17         | 22.60         | 17          | 1:48           | 117        | 2:02          | 10.50       | 30:02         | 20.98         | 27          |                | 12         | 0:43          |
| ZZ Rad          | 4.25        | 11:06         | 22.97         | 14          | 1:36           | 103        | 1:47          | 14.75       | 41:08         | 21.52         | 27          |                | 11         | 1:48          |
| Rad Ziel        | 5.75        | 8:10          | 42.24         | 8           | 0:45           | 45         | 3:33          | 20.50       | 49:18         | 24.95         | 29          |                | 12         | 2:10          |
| Rad Net         | 20.00       | 38:51         | 30.89         | 16          | 20:42          | 101        | 20:42         | 20.50       | 49:18         | 24.95         | 29          |                | 12         | 2:10          |
| Wechsel R->L    | -           | 0:43          | -             | 1           | -              | 27         | 0:14          | 20.50       | 50:01         | 24.59         | 28          |                | 12         | 1:57          |
| Rad Total       | 20.00       | 39:34         | 30.33         | 14          | 19:22          | 86         | 19:22         | 20.50       | 50:01         | 24.59         | 28          |                | 12         | 1:57          |
| ZZ Lauf         | 2.50        | 11:07         | 13.49         | 13          | 2:16           | 76         | 3:08          | 23.00       | 1:01:08       | 22.57         | 27          |                | 12         | 4:13          |
| Lauf Ziel       | 2.50        | 12:20         | 12.16         | 14          | 2:55           | 113        | 3:47          | 25.50       | 1:13:28       | 20.83         | 9           | 10:08          | 58         | 15:27         |
| Lauf Total      | 5.00        | 23:27         | 12.79         | 14          | 5:11           | 91         | 6:48          | 25.50       | 1:13:28       | 20.83         | 9           | 10:08          | 58         | 15:27         |