



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Sochiera, Paul

Total time: 1:31:50

Number: 133

Course: 25.50 km

Rank in course/Total: 248 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 194 (of 231)

Best time in course: 58:01

Category:

Rank in category: 1(of 1)

männliche Jugend B (TM 14/15)

Best time in the category: 1:31:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:47	2.35	1	-	182	5:44	0.50	12:47	2.35	1	-	232	3:09
Wechsel S->R	-	4:08	-	1	-	205	3:00	0.50	16:55	1.77	1	-	232	5:03
Schwimmen Total	0.50	16:55	1.77	1	-	232	5:03	0.50	16:55	1.77	1	-	232	5:03
ZZ Rad	5.75	8:55	38.69	1	-	189	2:29	6.25	25:50	14.52	1	-	232	6:36
ZZ Rad	4.25	12:24	20.56	1	-	184	3:09	10.50	38:14	16.48	1	-	227	8:55
ZZ Rad	4.25	12:33	20.32	1	-	190	3:14	14.75	50:47	17.43	1	-	227	11:27
Rad Ziel	5.75	10:02	34.39	1	-	196	5:25	20.50	1:00:49	20.22	1	-	232	13:41
Rad Net	20.00	43:54	27.33	1	-	192	25:45	20.50	1:00:49	20.22	1	-	232	13:41
Wechsel R->L	-	0:49	-	1	-	48	0:20	20.50	1:01:38	19.96	1	-	229	13:34
Rad Total	20.00	44:43	26.84	1	-	184	24:31	20.50	1:01:38	19.96	1	-	229	13:34
ZZ Lauf	2.50	14:04	10.66	1	-	189	6:05	23.00	1:15:42	18.23	1	-	228	18:47
Lauf Ziel	2.50	16:08	9.30	1	-	205	7:35	25.50	1:31:50	16.66	1	-	194	33:49
Lauf Total	5.00	30:12	9.93	1	-	202	13:33	25.50	1:31:50	16.66	1	-	194	33:49