11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Räther, Christian

Total time: 1:11:53

Number: 175

Course: 25.50 km
Lorscher Triathlon 0,5-20,0-5,0

Rank in course/Total: 49 (of 313)
Rank in course/Men: 46 (of 231)
Best time in course: 58:01

Category:
Senioren 1 (TM 40)

Rank in category: 8(of 38)
Best time in the category: 1:05:31

Intermediate times

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
					Stage score							Total ranking		
Schwimmen nett	0.50	8:43	3.44	4	1:25	18	1:40	0.50	8:43	3.44	39		232	
Wechsel S->R	-	2:15	-	14	0:32	70	1:07	0.50	10:58	2.74	39	0:07	232	
Schwimmen Tota	0.50	10:58	2.74	39	0:07	232		0.50	10:58	2.74	39	0:07	232	
ZZ Rad	5.75	8:01	43.04	14	1:17	96	1:35	6.25	18:59	19.75	39	0:43	232	
ZZ Rad	4.25	11:06	22.97	15	1:31	98	1:51	10.50	30:05	20.94	39	2:00	227	0:46
ZZ Rad	4.25	11:16	22.63	20	1:46	119	1:57	14.75	41:21	21.40	39	3:28	227	2:01
Rad Ziel	5.75	8:49	39.13	20	1:30	108	4:12	20.50	50:10	24.52	39	4:21	9	3:02
Rad Net	20.00	39:12	30.61	18	5:52	113	21:03	20.50	50:10	24.52	39	4:21	9	3:02
Wechsel R->L	-	0:51	-	14	0:22	59	0:22	20.50	51:01	24.11	39	4:26	229	2:57
Rad Total	20.00	40:03	29.96	17	6:00	100	19:51	20.50	51:01	24.11	39	4:26	229	2:57
ZZ Lauf	2.50	9:59	15.03	3	0:25	23	2:00	23.00	1:01:00	22.62	39	4:50	228	4:05
Lauf Ziel	2.50	10:53	13.78	5	1:10	46	2:20	25.50	1:11:53	21.28	8	6:22	46	13:52
Lauf Total	5.00	20:52	14.38	4	1:35	34	4:13	25.50	1:11:53	21.28	8	6:22	46	13:52