



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Stapler, Oliver

Total time: 1:13:25

Number: 148

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 59 (of 313)

Rank in course/Men: 56 (of 231)

Best time in course: 58:01

Category:

männliche AK 4 (TM 35)

Rank in category: 8(of 28)

Best time in the category: 1:03:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:14	2.93	12	2:04	72	3:11	0.50	10:14	2.93	29	0:42	232	0:36
Wechsel S->R	-	2:01	-	8	0:29	42	0:53	0.50	12:15	2.45	29	0:40	22	0:23
Schwimmen Total	0.50	12:15	2.45	29	0:40	22	0:23	0.50	12:15	2.45	29	0:40	22	0:23
ZZ Rad	5.75	7:44	44.61	10	0:54	60	1:18	6.25	19:59	18.77	29	0:27	232	0:45
ZZ Rad	4.25	10:53	23.43	10	1:24	77	1:38	10.50	30:52	20.41	27		227	1:33
ZZ Rad	4.25	11:08	22.90	16	1:38	106	1:49	14.75	42:00	21.07	27		227	2:40
Rad Ziel	5.75	8:40	39.81	14	1:15	90	4:03	20.50	50:40	24.28	29	0:44	232	3:32
Rad Net	20.00	38:25	31.24	14	20:16	89	20:16	20.50	50:40	24.28	29	0:44	232	3:32
Wechsel R->L	-	0:49	-	7	0:06	48	0:20	20.50	51:29	23.89	28		229	3:25
Rad Total	20.00	39:14	30.59	13	19:02	78	19:02	20.50	51:29	23.89	28		229	3:25
ZZ Lauf	2.50	10:38	14.11	8	1:47	53	2:39	23.00	1:02:07	22.22	27		228	5:12
Lauf Ziel	2.50	11:18	13.27	10	1:53	63	2:45	25.50	1:13:25	20.84	8	10:05	56	15:24
Lauf Total	5.00	21:56	13.68	9	3:40	60	5:17	25.50	1:13:25	20.84	8	10:05	56	15:24