



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Würges, Peter

Total time: 1:16:06

Club: RSC Kirrlach Triathlon

Number: 152

Course: 25.50 km

Rank in course/Total: 90 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 82 (of 231)

Best time in course: 58:01

Category:

Rank in category: 16(of 39)

Senioren 2 (TM 45)

Best time in the category: 1:07:30

Intermediate times						Stage score				Total ranking					
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	8:39	3.47	1	-	16	1:36	0.50	8:39	3.47	40		232		
Wechsel S->R	-	2:14	-	10	0:38	66	1:06	0.50	10:53	2.76	40		232		
Schwimmen Total	0.50	10:53	2.76	40		232		0.50	10:53	2.76	40		232		
ZZ Rad	5.75	9:10	37.64	35	1:53	204	2:44	6.25	20:03	18.70	40		3	0:49	
ZZ Rad	4.25	9:54	25.76	1	-	16	0:39	10.50	29:57	21.04	39		227	0:38	
ZZ Rad	4.25	11:05	23.01	17	1:11	102	1:46	14.75	41:02	21.57	39		227	1:42	
Rad Ziel	5.75	8:52	38.91	17	1:07	111	4:15	20.50	49:54	24.65	40		232	2:46	
Rad Net	20.00	39:01	30.76	15	4:09	105	20:52	20.50	49:54	24.65	40		232	2:46	
Wechsel R->L	-	1:07	-	15	0:36	120	0:38	20.50	51:01	24.11	39		229	2:57	
Rad Total	20.00	40:08	29.90	15	4:29	101	19:56	20.50	51:01	24.11	39		229	2:57	
ZZ Lauf	2.50	12:25	12.08	28	3:08	138	4:26	23.00	1:03:26	21.76	39		228	6:31	
Lauf Ziel	2.50	12:40	11.84	25	3:10	131	4:07	25.50	1:16:06	20.11	16	8:36	82	18:05	
Lauf Total	5.00	25:05	11.96	27	6:18	134	8:26	25.50	1:16:06	20.11	16	8:36	82	18:05	