



# 11. Triathlon Lorsch

Lorsch / 10.08.2014

## Detailed evaluation

**Berger, Carola**

**Total time: 1:37:14**

Club: Runner's High

Number: 100

Course: 25.50 km

Rank in course/Total: 279 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 70 (of 82)

Best time in course: 1:06:42

Category:

Rank in category: 14(of 15)

Seniorinnen 2 TW 45)

Best time in the category: 1:18:33

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women | Total<br>km | Total<br>Time | Total<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
|-----------------|-------------|---------------|---------------|-------------|----------------|--------------|-----------------|-------------|---------------|---------------|-------------|----------------|--------------|-----------------|
| Schwimmen nett  | 0.50        | 15:30         | 1.94          | 14          | 6:44           | 77           | 8:45            | 0.50        | 15:30         | 1.94          | 16          | 2:56           | 83           | 0:23            |
| Wechsel S->R    | -           | 3:49          | -             | 11          | 1:41           | 70           | 2:19            | 0.50        | 19:19         | 1.55          | 16          | 3:07           | 83           | 1:01            |
| Schwimmen Total | 0.50        | 19:19         | 1.55          | 16          | 3:07           | 83           | 1:01            | 0.50        | 19:19         | 1.55          | 16          | 3:07           | 83           | 1:01            |
| ZZ Rad          | 5.75        | 9:53          | 34.91         | 14          | 1:50           | 69           | 2:33            | 6.25        | 29:12         | 12.84         | 16          | 4:12           | 83           | 1:12            |
| ZZ Rad          | 4.25        | 13:51         | 18.41         | 14          | 2:58           | 74           | 3:48            | 10.50       | 43:03         | 14.63         | 16          | 5:44           | 83           | 2:12            |
| ZZ Rad          | 4.25        | 13:49         | 18.46         | 14          | 2:32           | 70           | 3:46            | 14.75       | 56:52         | 15.56         | 16          | 7:05           | 83           | 3:22            |
| Rad Ziel        | 5.75        | 10:56         | 31.55         | 13          | 2:05           | 69           | 2:58            | 20.50       | 1:07:48       | 18.14         | 16          | 8:13           | 83           | 4:05            |
| Rad Net         | 20.00       | 48:29         | 24.75         | 14          | 9:25           | 70           | 13:05           | 20.50       | 1:07:48       | 18.14         | 16          | 8:13           | 83           | 4:05            |
| Wechsel R->L    | -           | 1:33          | -             | 11          | 0:43           | 63           | 0:58            | 20.50       | 1:09:21       | 17.74         | 16          | 8:56           | 83           | 4:37            |
| Rad Total       | 20.00       | 50:02         | 23.98         | 14          | 9:47           | 72           | 13:57           | 20.50       | 1:09:21       | 17.74         | 16          | 8:56           | 83           | 4:37            |
| ZZ Lauf         | 2.50        | 13:33         | 11.07         | 8           | 1:42           | 43           | 4:40            | 23.00       | 1:22:54       | 16.65         | 16          | 8:44           | 83           | 5:22            |
| Lauf Ziel       | 2.50        | 14:20         | 10.47         | 10          | 3:40           | 51           | 5:05            | 25.50       | 1:37:14       | 15.74         | 14          | 18:41          | 70           | 30:32           |
| Lauf Total      | 5.00        | 27:53         | 10.76         | 10          | 4:55           | 49           | 9:45            | 25.50       | 1:37:14       | 15.74         | 14          | 18:41          | 70           | 30:32           |