



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Blesing, Michael

Total time: 1:15:13

Club: Heppenheimer Skiclub

Number: 44

Course: 25.50 km

Rank in course/Total: 76 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 70 (of 231)

Best time in course: 58:01

Category:

Rank in category: 13(of 38)

Senioren 1 (TM 40)

Best time in the category: 1:05:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:39	2.37	31	5:21	179	5:36	0.50	12:39	2.37	39	3:38	14	3:01
Wechsel S->R	-	1:59	-	5	0:16	36	0:51	0.50	14:38	2.05	39	3:47	14	2:46
Schwimmen Total	0.50	14:38	2.05	39	3:47	14	2:46	0.50	14:38	2.05	39	3:47	14	2:46
ZZ Rad	5.75	8:04	42.77	16	1:20	104	1:38	6.25	22:42	16.52	39	4:26	14	3:28
ZZ Rad	4.25	10:52	23.47	12	1:17	75	1:37	10.50	33:34	18.77	39	5:29	14	4:15
ZZ Rad	4.25	10:42	23.83	10	1:12	65	1:23	14.75	44:16	19.99	39	6:23	14	4:56
Rad Ziel	5.75	8:09	42.33	8	0:50	42	3:32	20.50	52:25	23.47	39	6:36	14	5:17
Rad Net	20.00	37:47	31.76	9	4:27	68	19:38	20.50	52:25	23.47	39	6:36	14	5:17
Wechsel R->L	-	0:56	-	16	0:27	76	0:27	20.50	53:21	23.06	39	6:46	14	5:17
Rad Total	20.00	38:43	30.99	9	4:40	65	18:31	20.50	53:21	23.06	39	6:46	14	5:17
ZZ Lauf	2.50	10:36	14.15	10	1:02	51	2:37	23.00	1:03:57	21.58	39	7:47	14	7:02
Lauf Ziel	2.50	11:16	13.31	11	1:33	62	2:43	25.50	1:15:13	20.34	13	9:42	70	17:12
Lauf Total	5.00	21:52	13.72	12	2:35	58	5:13	25.50	1:15:13	20.34	13	9:42	70	17:12