



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Finger, Gerhard

Club: Biker Club Speyer

Number: 112

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

Senioren 6 (TM 65)

Total time: 1:37:50

Rank in course/Total: 283 (of 313)

Rank in course/Men: 213 (of 231)

Best time in course: 58:01

Rank in category: 4(of 5)

Best time in the category: 1:20:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	16:28	1.82	4	5:16	225	9:25	0.50	16:28	1.82	6	3:04	232	6:50
Wechsel S->R	-	5:32	-	5	2:51	227	4:24	0.50	22:00	1.36	6	5:43	232	10:08
Schwimmen Total	0.50	22:00	1.36	6	5:43	232	10:08	0.50	22:00	1.36	6	5:43	232	10:08
ZZ Rad	5.75	8:58	38.48	4	1:15	191	2:32	6.25	30:58	12.11	6	6:58	232	11:44
ZZ Rad	4.25	11:52	21.49	4	1:11	165	2:37	10.50	42:50	14.71	6	8:09	227	13:31
ZZ Rad	4.25	11:49	21.58	4	0:56	161	2:30	14.75	54:39	16.19	6	9:05	227	15:19
Rad Ziel	5.75	9:20	36.96	4	0:40	159	4:43	20.50	1:03:59	19.22	6	9:45	232	16:51
Rad Net	20.00	41:59	28.58	4	4:02	173	23:50	20.50	1:03:59	19.22	6	9:45	232	16:51
Wechsel R->L	-	2:03	-	5	0:54	217	1:34	20.50	1:06:02	18.63	6	10:14	229	17:58
Rad Total	20.00	44:02	27.25	4	4:31	175	23:50	20.50	1:06:02	18.63	6	10:14	229	17:58
ZZ Lauf	2.50	15:19	9.79	4	3:02	210	7:20	23.00	1:21:21	16.96	6	13:13	228	24:26
Lauf Ziel	2.50	16:29	9.10	4	3:53	210	7:56	25.50	1:37:50	15.64	4	17:06	213	39:49
Lauf Total	5.00	31:48	9.43	4	6:52	210	15:09	25.50	1:37:50	15.64	4	17:06	213	39:49