



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Löhr, Ulrich

Club: TuS Griesheim

Number: 111

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

Senioren 3 (TM 50)

Total time: 1:42:08

Rank in course/Total: 293 (of 313)

Rank in course/Men: 218 (of 231)

Best time in course: 58:01

Rank in category: 32(of 33)

Best time in the category: 1:04:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	13:00	2.31	25	5:03	187	5:57	0.50	13:00	2.31	34	2:22	232	3:22
Wechsel S->R	-	7:48	-	33	6:20	231	6:40	0.50	20:48	1.44	34	7:14	232	8:56
Schwimmen Total	0.50	20:48	1.44	34	7:14	232	8:56	0.50	20:48	1.44	34	7:14	232	8:56
ZZ Rad	5.75	9:37	35.88	32	2:37	214	3:11	6.25	30:25	12.33	34	7:46	232	11:11
ZZ Rad	4.25	13:21	19.10	31	3:49	211	4:06	10.50	43:46	14.39	15	3:28	227	14:27
ZZ Rad	4.25	13:55	18.32	32	4:33	219	4:36	14.75	57:41	15.34	15	4:44	227	18:21
Rad Ziel	5.75	10:50	31.85	32	3:26	219	6:13	20.50	1:08:31	17.95	34	11:21	232	21:23
Rad Net	20.00	47:43	25.15	32	29:02	219	29:34	20.50	1:08:31	17.95	34	11:21	232	21:23
Wechsel R->L	-	2:57	-	32	2:23	227	2:28	20.50	1:11:28	17.21	15	7:08	229	23:24
Rad Total	20.00	50:40	23.68	32	16:33	220	30:28	20.50	1:11:28	17.21	15	7:08	229	23:24
ZZ Lauf	2.50	15:05	9.94	31	5:11	207	7:06	23.00	1:26:33	15.94	15	7:48	228	29:38
Lauf Ziel	2.50	15:35	9.63	30	5:20	200	7:02	25.50	1:42:08	14.98	32	37:09	218	44:07
Lauf Total	5.00	30:40	9.78	31	10:15	205	14:01	25.50	1:42:08	14.98	32	37:09	218	44:07