



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Schuster, Tobias

Total time: 1:16:04

Club: Heppenheimer Skiclub

Number: 45

Course: 25.50 km

Rank in course/Total: 88 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 81 (of 231)

Best time in course: 58:01

Category:

Rank in category: 15(of 39)

Senioren 2 (TM 45)

Best time in the category: 1:07:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	14:03	2.14	34	5:24	207	7:00	0.50	14:03	2.14	40	1:49	16	4:25
Wechsel S->R	-	2:54	-	23	1:18	130	1:46	0.50	16:57	1.77	40	2:23	16	5:05
Schwimmen Total	0.50	16:57	1.77	40	2:23	16	5:05	0.50	16:57	1.77	40	2:23	16	5:05
ZZ Rad	5.75	8:33	40.35	27	1:16	163	2:07	6.25	25:30	14.71	40	3:09	16	6:16
ZZ Rad	4.25	11:13	22.73	18	1:19	106	1:58	10.50	36:43	17.16	39	3:09	16	7:24
ZZ Rad	4.25	11:08	22.90	18	1:14	106	1:49	14.75	47:51	18.50	39	3:07	16	8:31
Rad Ziel	5.75	8:55	38.69	22	1:10	121	4:18	20.50	56:46	21.67	40	3:09	16	9:38
Rad Net	20.00	39:49	30.14	21	4:57	128	21:40	20.50	56:46	21.67	40	3:09	16	9:38
Wechsel R->L	-	0:31	-	1	-	2	0:02	20.50	57:17	21.47	39	2:30	16	9:13
Rad Total	20.00	40:20	29.75	17	4:41	107	20:08	20.50	57:17	21.47	39	2:30	16	9:13
ZZ Lauf	2.50	9:17	16.16	1	-	8	1:18	23.00	1:06:34	20.73	39	1:33	16	9:39
Lauf Ziel	2.50	9:30	15.79	1	-	6	0:57	25.50	1:16:04	20.11	15	8:34	80	18:03
Lauf Total	5.00	18:47	15.97	1	-	7	2:08	25.50	1:16:04	20.11	15	8:34	80	18:03