



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Remus, Ronja

Club: DLRG Heppenheim

Number: 173

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

weibliche Jugend A (TW 16/17)

Total time: 1:31:35

Rank in course/Total: 245 (of 313)

Rank in course/Women: 52 (of 82)

Best time in course: 1:06:42

Rank in category: 2(of 3)

Best time in the category: 1:07:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:52	2.53	2	5:07	37	5:07	0.50	11:52	2.53	4		11	
Wechsel S->R	-	2:09	-	2	0:39	14	0:39	0.50	14:01	2.14	4		11	
Schwimmen Total	0.50	14:01	2.14	4		11		0.50	14:01	2.14	4		11	
ZZ Rad	5.75	9:42	35.57	2	1:55	66	2:22	6.25	23:43	15.81	4		11	
ZZ Rad	4.25	13:42	18.61	2	2:43	70	3:39	10.50	37:25	16.84	4		11	
ZZ Rad	4.25	13:49	18.46	2	2:44	70	3:46	14.75	51:14	17.27	4		11	
Rad Ziel	5.75	10:47	31.99	2	2:01	65	2:49	20.50	1:02:01	19.83	4		11	
Rad Net	20.00	48:00	25.00	2	9:23	69	12:36	20.50	1:02:01	19.83	4		11	
Wechsel R->L	-	0:46	-	2	0:11	5	0:11	20.50	1:02:47	19.59	4		11	
Rad Total	20.00	48:46	24.61	2	9:34	66	12:41	20.50	1:02:47	19.59	4		11	
ZZ Lauf	2.50	14:01	10.70	2	4:04	57	5:08	23.00	1:16:48	17.97	4		11	
Lauf Ziel	2.50	14:47	10.15	2	4:21	58	5:32	25.50	1:31:35	16.71	2	23:45	52	24:53
Lauf Total	5.00	28:48	10.42	2	8:25	56	10:40	25.50	1:31:35	16.71	2	23:45	52	24:53