11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Boehm, Bjoern

Total time: 1:33:36

Number: 170

Course: 25.50 km
Lorscher Triathlon 0,5-20,0-5,0

Rank in course/Total: 259 (of 313)
Rank in course/Men: 197 (of 231)
Best time in course: 58:01

Category:
Senioren 1 (TM 40)

Rank in category: 36(of 38)
Best time in the category: 1:05:31

Intermediate times

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Stage score: Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:44	2.36	32	5:26	180	5:41	0.50	12:44	2.36	39	3:43	232	3:06
Wechsel S->R	-	4:19	-	36	2:36	210	3:11	0.50	17:03	1.76	39	6:12	232	5:11
Schwimmen Tota	0.50	17:03	1.76	39	6:12	232	5:11	0.50	17:03	1.76	39	6:12	232	5:11
ZZ Rad	5.75	9:42	35.57	38	2:58	216	3:16	6.25	26:45	14.02	39	8:29	232	7:31
ZZ Rad	4.25	13:30	18.89	38	3:55	215	4:15	10.50	40:15	15.65	39	12:10	227	10:56
ZZ Rad	4.25	13:12	19.32	38	3:42	211	3:53	14.75	53:27	16.56	39	15:34	227	14:07
Rad Ziel	5.75	10:38	32.45	37	3:19	216	6:01	20.50	1:04:05	19.19	39	18:16	232	16:57
Rad Net	20.00	47:02	25.51	38	13:42	217	28:53	20.50	1:04:05	19.19	39	18:16	232	16:57
Wechsel R->L	-	1:38	-	36	1:09	192	1:09	20.50	1:05:43	18.72	39	19:08	229	17:39
Rad Total	20.00	48:40	24.66	38	14:37	214	28:28	20.50	1:05:43	18.72	39	19:08	229	17:39
ZZ Lauf	2.50	13:49	10.86	36	4:15	183	5:50	23.00	1:19:32	17.35	39	23:22	228	22:37
Lauf Ziel	2.50	14:04	10.66	35	4:21	172	5:31	25.50	1:33:36	16.35	36	28:05	197	35:35
Lauf Total	5.00	27:53	10.76	35	8:36	176	11:14	25.50	1:33:36	16.35	36	28:05	197	35:35