



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Schulze-Ganzlin, Ulrich

Total time: 1:15:15

Club: Lorsch Blockrunner

Number: 215

Course: 25.50 km

Rank in course/Total: 77 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 71 (of 231)

Best time in course: 58:01

Category:

Rank in category: 5(of 21)

Senioren 4 (TM 55)

Best time in the category: 1:09:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	7:49	3.84	1	-	5	0:46	0.50	7:49	3.84	14		232	
Wechsel S->R	-	1:59	-	3	0:12	36	0:51	0.50	9:48	3.06	14		232	
Schwimmen Total	0.50	9:48	3.06	14		232		0.50	9:48	3.06	14		232	
ZZ Rad	5.75	8:01	43.04	7	0:49	96	1:35	6.25	17:49	21.05	14		232	
ZZ Rad	4.25	10:54	23.39	6	0:49	78	1:39	10.50	28:43	21.94	14		227	
ZZ Rad	4.25	10:53	23.43	8	0:48	82	1:34	14.75	39:36	22.35	14		227	0:16
Rad Ziel	5.75	8:32	40.43	7	0:31	79	3:55	20.50	48:08	25.55	14		232	1:00
Rad Net	20.00	38:20	31.30	7	2:42	83	20:11	20.50	48:08	25.55	14		232	1:00
Wechsel R->L	-	1:03	-	8	0:23	101	0:34	20.50	49:11	25.01	14		229	1:07
Rad Total	20.00	39:23	30.47	7	2:35	82	19:11	20.50	49:11	25.01	14		229	1:07
ZZ Lauf	2.50	13:59	10.73	11	3:59	187	6:00	23.00	1:03:10	21.85	14		228	6:15
Lauf Ziel	2.50	12:05	12.41	8	1:26	98	3:32	25.50	1:15:15	20.33	5	5:29	71	17:14
Lauf Total	5.00	26:04	11.51	10	5:10	150	9:25	25.50	1:15:15	20.33	5	5:29	71	17:14