



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Tamkan, Cem Joachim

Total time: 1:57:56

Number: 104

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 306 (of 313)

Rank in course/Men: 225 (of 231)

Best time in course: 58:01

Category:

Senioren 2 (TM 45)

Rank in category: 38(of 39)

Best time in the category: 1:07:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	14:00	2.14	33	5:21	205	6:57	0.50	14:00	2.14	40	1:46	232	4:22
Wechsel S->R	-	5:08	-	38	3:32	221	4:00	0.50	19:08	1.57	40	4:34	232	7:16
Schwimmen Total	0.50	19:08	1.57	40	4:34	232	7:16	0.50	19:08	1.57	40	4:34	232	7:16
ZZ Rad	5.75	10:58	31.46	38	3:41	229	4:32	6.25	30:06	12.46	40	7:45	232	10:52
ZZ Rad	4.25	15:05	16.91	38	5:11	225	5:50	10.50	45:11	13.94	39	11:37	227	15:52
ZZ Rad	4.25	15:38	16.31	38	5:44	226	6:19	14.75	1:00:49	14.55	39	16:05	227	21:29
Rad Ziel	5.75	13:28	25.62	38	5:43	230	8:51	20.50	1:14:17	16.56	40	20:40	232	27:09
Rad Net	20.00	55:09	21.76	39	20:17	231	37:00	20.50	1:14:17	16.56	40	20:40	232	27:09
Wechsel R->L	-	2:11	-	34	1:40	219	1:42	20.50	1:16:28	16.09	39	21:41	229	28:24
Rad Total	20.00	57:20	20.93	38	21:41	228	37:08	20.50	1:16:28	16.09	39	21:41	229	28:24
ZZ Lauf	2.50	19:35	7.66	38	10:18	227	11:36	23.00	1:36:03	14.37	39	31:02	228	39:08
Lauf Ziel	2.50	21:53	6.85	38	12:23	225	13:20	25.50	1:57:56	12.97	38	50:26	225	59:55
Lauf Total	5.00	41:28	7.23	38	22:41	225	24:49	25.50	1:57:56	12.97	38	50:26	225	59:55