



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Hofmann, Siegmар

Total time: 1:17:58

Number: 217

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 116 (of 313)

Rank in course/Men: 104 (of 231)

Best time in course: 58:01

Category:

Senioren 3 (TM 50)

Rank in category: 13(of 33)

Best time in the category: 1:04:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:24	2.88	10	2:27	81	3:21	0.50	10:24	2.88	9		3	0:46
Wechsel S->R	-	3:17	-	21	1:49	156	2:09	0.50	13:41	2.19	9	0:07	26	1:49
Schwimmen Total	0.50	13:41	2.19	9	0:07	26	1:49	0.50	13:41	2.19	9	0:07	26	1:49
ZZ Rad	5.75	8:06	42.59	17	1:06	109	1:40	6.25	21:47	17.21	9		232	2:33
ZZ Rad	4.25	11:15	22.67	18	1:43	113	2:00	10.50	33:02	19.07	33		227	3:43
ZZ Rad	4.25	11:25	22.34	20	2:03	128	2:06	14.75	44:27	19.91	33		227	5:07
Rad Ziel	5.75	9:13	37.43	21	1:49	147	4:36	20.50	53:40	22.92	9		232	6:32
Rad Net	20.00	39:59	30.01	21	21:18	133	21:50	20.50	53:40	22.92	9		232	6:32
Wechsel R->L	-	1:18	-	17	0:44	159	0:49	20.50	54:58	22.38	33		229	6:54
Rad Total	20.00	41:17	29.07	18	7:10	136	21:05	20.50	54:58	22.38	33		229	6:54
ZZ Lauf	2.50	11:15	13.33	10	1:21	81	3:16	23.00	1:06:13	20.84	33		228	9:18
Lauf Ziel	2.50	11:45	12.77	9	1:30	81	3:12	25.50	1:17:58	19.62	13	12:59	104	19:57
Lauf Total	5.00	23:00	13.04	10	2:35	82	6:21	25.50	1:17:58	19.62	13	12:59	104	19:57