



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Fuchs, Elvira

Total time: 1:39:45

Number: 145

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 288 (of 313)

Rank in course/Women: 73 (of 82)

Best time in course: 1:06:42

Category:

Seniorinnen 5 (TW 60)

Rank in category: 1(of 2)

Best time in the category: 1:39:45

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen nett	0.50	13:32	2.22	1	-	62	6:47	0.50	13:32	2.22	1	-	8		
Wechsel S->R	-	4:10	-	1	-	73	2:40	0.50	17:42	1.69	1	-	8		
Schwimmen Total	0.50	17:42	1.69	1	-	8		0.50	17:42	1.69	1	-	8		
ZZ Rad	5.75	9:57	34.67	1	-	72	2:37	6.25	27:39	13.56	1	-	8		
ZZ Rad	4.25	13:41	18.64	1	-	69	3:38	10.50	41:20	15.24	1	-	8	0:29	
ZZ Rad	4.25	13:41	18.64	1	-	69	3:38	14.75	55:01	16.09	1	-	8	1:31	
Rad Ziel	5.75	11:12	30.80	1	-	72	3:14	20.50	1:06:13	18.58	1	-	8	2:30	
Rad Net	20.00	48:31	24.73	1	-	72	13:07	20.50	1:06:13	18.58	1	-	8	2:30	
Wechsel R->L	-	1:50	-	2	0:05	73	1:15	20.50	1:08:03	18.07	1	-	8	3:19	
Rad Total	20.00	50:21	23.83	1	-	74	14:16	20.50	1:08:03	18.07	1	-	8	3:19	
ZZ Lauf	2.50	15:23	9.75	1	-	67	6:30	23.00	1:23:26	16.54	1	-	8	5:54	
Lauf Ziel	2.50	16:19	9.19	1	-	67	7:04	25.50	1:39:45	15.34	1	-	73	33:03	
Lauf Total	5.00	31:42	9.46	1	-	67	13:34	25.50	1:39:45	15.34	1	-	73	33:03	