# 11. Triathlon Lorsch

Lorsch / 10.08.2014

## Detailed evaluation

## Kolb, Gerrit

Total time: 1:20:46

## Number: 205

Course: 25.50 km
Lorscher Triathlon 0,5-20,0-5,0

Rank in course/Total: 151 (of 313)
Rank in course/Men: 132 (of 231)
Best time in course: 58:01

Category:
männliche AK 3 (TM 30)

Rank in category: 14(of 20)
Best time in the category: 1:00:52

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Schwimmen nett | 0.50 | 11:52 | 2.53 | 16 | 3:37 | 147 | 4:49 | 0.50 | 11:52 | 2.53 | 13 | | 232 | 2:14 |
| Wechsel S->R | - | 3:57 | - | 19 | 2:22 | 200 | 2:49 | 0.50 | 15:49 | 1.90 | 13 | 0:27 | 34 | 3:57 |
| Schwimmen Tota | 0.50 | 15:49 | 1.90 | 13 | 0:27 | 34 | 3:57 | 0.50 | 15:49 | 1.90 | 13 | 0:27 | 34 | 3:57 |
| ZZ Rad | 5.75 | 8:10 | 42.24 | 11 | 1:44 | 122 | 1:44 | 6.25 | 23:59 | 15.64 | 13 | 0:04 | 232 | 4:45 |
| ZZ Rad | 4.25 | 11:14 | 22.70 | 11 | 1:50 | 111 | 1:59 | 10.50 | 35:13 | 17.89 | 13 | | 227 | 5:54 |
| ZZ Rad | 4.25 | 11:39 | 21.89 | 13 | 2:15 | 147 | 2:20 | 14.75 | 46:52 | 18.88 | 13 | | 227 | 7:32 |
| Rad Ziel | 5.75 | 8:41 | 39.73 | 11 | 1:14 | 93 | 4:04 | 20.50 | 55:33 | 22.14 | 13 | | 232 | 8:25 |
| Rad Net | 20.00 | 39:44 | 30.20 | 12 | 6:37 | 125 | 21:35 | 20.50 | 55:33 | 22.14 | 13 | | 232 | 8:25 |
| Wechsel R->L | - | 1:26 | - | 19 | 0:51 | 178 | 0:57 | 20.50 | 56:59 | 21.59 | 13 | | 229 | 8:55 |
| Rad Total | 20.00 | 41:10 | 29.15 | 13 | 7:26 | 133 | 20:58 | 20.50 | 56:59 | 21.59 | 13 | | 229 | 8:55 |
| ZZ Lauf | 2.50 | 11:47 | 12.73 | 11 | 3:36 | 107 | 3:48 | 23.00 | 1:08:46 | 20.07 | 13 | | 228 | 11:51 |
| Lauf Ziel | 2.50 | 12:00 | 12.50 | 11 | 3:27 | 96 | 3:27 | 25.50 | 1:20:46 | 18.94 | 14 | 19:54 | 132 | 22:45 |
| Lauf Total | 5.00 | 23:47 | 12.61 | 12 | 7:03 | 103 | 7:08 | 25.50 | 1:20:46 | 18.94 | 14 | 19:54 | 132 | 22:45 |