



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Leibetseder, Alois

Total time: 1:17:03

Number: 4

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 103 (of 313)

Rank in course/Men: 92 (of 231)

Best time in course: 58:01

Category:

Senioren 4 (TM 55)

Rank in category: 8(of 21)

Best time in the category: 1:09:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:34	2.84	4	2:45	95	3:31	0.50	10:34	2.84	22		19	0:56
Wechsel S->R	-	3:00	-	11	1:13	135	1:52	0.50	13:34	2.21	22		19	1:42
Schwimmen Total	0.50	13:34	2.21	22		19	1:42	0.50	13:34	2.21	22		19	1:42
ZZ Rad	5.75	7:55	43.58	6	0:43	82	1:29	6.25	21:29	17.46	22		19	2:15
ZZ Rad	4.25	10:32	24.21	5	0:27	54	1:17	10.50	32:01	19.68	22		19	2:42
ZZ Rad	4.25	10:31	24.25	5	0:26	51	1:12	14.75	42:32	20.81	22		19	3:12
Rad Ziel	5.75	8:13	41.99	5	0:12	50	3:36	20.50	50:45	24.24	22		19	3:37
Rad Net	20.00	37:11	32.27	5	1:33	58	19:02	20.50	50:45	24.24	22		19	3:37
Wechsel R->L	-	1:15	-	14	0:35	147	0:46	20.50	52:00	23.65	22		19	3:56
Rad Total	20.00	38:26	31.22	5	1:38	58	18:14	20.50	52:00	23.65	22		19	3:56
ZZ Lauf	2.50	12:18	12.20	9	2:18	132	4:19	23.00	1:04:18	21.46	22		19	7:23
Lauf Ziel	2.50	12:45	11.76	10	2:06	135	4:12	25.50	1:17:03	19.86	8	7:17	92	19:02
Lauf Total	5.00	25:03	11.98	9	4:09	132	8:24	25.50	1:17:03	19.86	8	7:17	92	19:02