



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Hemmers, Andreas

Total time: 1:24:14

Club: Team Body-Attack

Number: 216

Course: 25.50 km

Rank in course/Total: 189 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 158 (of 231)

Best time in course: 58:01

Category:

Rank in category: 28(of 39)

Senioren 2 (TM 45)

Best time in the category: 1:07:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	13:58	2.15	32	5:19	204	6:55	0.50	13:58	2.15	40	1:44	232	4:20
Wechsel S->R	-	3:27	-	29	1:51	167	2:19	0.50	17:25	1.72	40	2:51	232	5:33
Schwimmen Total	0.50	17:25	1.72	40	2:51	232	5:33	0.50	17:25	1.72	40	2:51	232	5:33
ZZ Rad	5.75	8:26	40.91	25	1:09	155	2:00	6.25	25:51	14.51	40	3:30	232	6:37
ZZ Rad	4.25	11:43	21.76	29	1:49	157	2:28	10.50	37:34	16.77	39	4:00	227	8:15
ZZ Rad	4.25	11:28	22.24	26	1:34	130	2:09	14.75	49:02	18.05	39	4:18	227	9:42
Rad Ziel	5.75	8:54	38.76	20	1:09	119	4:17	20.50	57:56	21.23	40	4:19	232	10:48
Rad Net	20.00	40:31	29.62	27	5:39	148	22:22	20.50	57:56	21.23	40	4:19	232	10:48
Wechsel R->L	-	1:15	-	22	0:44	147	0:46	20.50	59:11	20.78	39	4:24	229	11:07
Rad Total	20.00	41:46	28.73	25	6:07	143	21:34	20.50	59:11	20.78	39	4:24	229	11:07
ZZ Lauf	2.50	12:20	12.16	27	3:03	134	4:21	23.00	1:11:31	19.30	39	6:30	228	14:36
Lauf Ziel	2.50	12:43	11.80	27	3:13	133	4:10	25.50	1:24:14	18.16	28	16:44	158	26:13
Lauf Total	5.00	25:03	11.98	26	6:16	133	8:24	25.50	1:24:14	18.16	28	16:44	158	26:13