11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Stapler, Wolfgang

Total time: 1:48:38

Number: 146

Course: 25.50 km
Lorscher Triathlon 0,5-20,0-5,0

Rank in course/Total: 298 (of 313)
Rank in course/Men: 221 (of 231)
Best time in course: 58:01

Category:
Senioren 6 (TM 65)

Rank in category: 5(of 5)
Best time in the category: 1:20:44

Intermediate times

Control	Split km	Split Time	Split km/h	Stage score Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Total ranking Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	21:22	1.40	5	10:10	231	14:19	0.50	21:22	1.40	6	7:58	232	11:44
Wechsel S->R	-	5:23	-	4	2:42	225	4:15	0.50	26:45	1.12	6	10:28	232	14:53
Schwimmen Tota	0.50	26:45	1.12	6	10:28	232	14:53	0.50	26:45	1.12	6	10:28	232	14:53
ZZ Rad	5.75	9:24	36.70	5	1:41	211	2:58	6.25	36:09	10.37	6	12:09	232	16:55
ZZ Rad	4.25	13:08	19.42	5	2:27	206	3:53	10.50	49:17	12.78	6	14:36	227	19:58
ZZ Rad	4.25	12:42	20.08	5	1:49	197	3:23	14.75	1:01:59	14.28	6	16:25	227	22:39
Rad Ziel	5.75	9:51	35.03	5	1:11	185	5:14	20.50	1:11:50	17.12	6	17:36	232	24:42
Rad Net	20.00	45:05	26.62	5	7:08	204	26:56	20.50	1:11:50	17.12	6	17:36	232	24:42
Wechsel R->L	-	1:09	-	1	-	128	0:40	20.50	1:12:59	16.85	6	17:11	229	24:55
Rad Total	20.00	46:14	25.96	5	6:43	201	26:02	20.50	1:12:59	16.85	6	17:11	229	24:55
ZZ Lauf	2.50	17:44	8.46	5	5:27	225	9:45	23.00	1:30:43	15.21	6	22:35	228	33:48
Lauf Ziel	2.50	17:55	8.37	5	5:19	219	9:22	25.50	1:48:38	14.08	5	27:54	221	50:37
Lauf Total	5.00	35:39	8.42	5	10:43	221	19:00	25.50	1:48:38	14.08	5	27:54	221	50:37