



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Roos, Yannick

Total time: 1:30:12

Number: 234

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 235 (of 313)

Rank in course/Men: 189 (of 231)

Best time in course: 58:01

Category:

männliche Junioren (TM 18/19)

Rank in category: 2(of 2)

Best time in the category: 1:15:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:32	2.60	2	1:44	133	4:29	0.50	11:32	2.60	3	1:44	232	1:54
Wechsel S->R	-	4:15	-	2	2:15	207	3:07	0.50	15:47	1.90	3	3:59	232	3:55
Schwimmen Total	0.50	15:47	1.90	3	3:59	232	3:55	0.50	15:47	1.90	3	3:59	232	3:55
ZZ Rad	5.75	7:58	43.31	1	-	88	1:32	6.25	23:45	15.79	3	3:57	232	4:31
ZZ Rad	4.25	10:59	23.22	2	0:14	89	1:44	10.50	34:44	18.14	3	4:11	227	5:25
ZZ Rad	4.25	11:03	23.08	2	0:29	100	1:44	14.75	45:47	19.33	3	4:40	227	6:27
Rad Ziel	5.75	8:41	39.73	2	0:27	93	4:04	20.50	54:28	22.58	3	5:07	232	7:20
Rad Net	20.00	38:41	31.02	2	1:08	91	20:32	20.50	54:28	22.58	3	5:07	232	7:20
Wechsel R->L	-	1:12	-	2	0:15	137	0:43	20.50	55:40	22.10	3	5:22	229	7:36
Rad Total	20.00	39:53	30.09	2	1:23	94	19:41	20.50	55:40	22.10	3	5:22	229	7:36
ZZ Lauf	2.50	16:02	9.36	2	4:09	217	8:03	23.00	1:11:42	19.25	3	9:31	228	14:47
Lauf Ziel	2.50	18:30	8.11	2	4:58	221	9:57	25.50	1:30:12	16.96	2	14:29	189	32:11
Lauf Total	5.00	34:32	8.69	2	9:07	219	17:53	25.50	1:30:12	16.96	2	14:29	189	32:11