



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Bergsträßer, Marcus

Total time: 1:16:59

Number: 268

Course: 25.50 km

Rank in course/Total: 102 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 91 (of 231)

Best time in course: 58:01

Category:

Rank in category: 15(of 28)

männliche AK 4 (TM 35)

Best time in the category: 1:03:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:40	2.81	16	2:30	99	3:37	0.50	10:40	2.81	14	1:08	232	1:02
Wechsel S->R	-	2:32	-	16	1:00	107	1:24	0.50	13:12	2.27	14	1:37	232	1:20
Schwimmen Total	0.50	13:12	2.27	14	1:37	232	1:20	0.50	13:12	2.27	14	1:37	232	1:20
ZZ Rad	5.75	8:06	42.59	18	1:16	109	1:40	6.25	21:18	17.61	14	1:46	232	2:04
ZZ Rad	4.25	11:39	21.89	22	2:10	151	2:24	10.50	32:57	19.12	27		227	3:38
ZZ Rad	4.25	11:29	22.21	20	1:59	133	2:10	14.75	44:26	19.92	27		227	5:06
Rad Ziel	5.75	8:59	38.40	20	1:34	129	4:22	20.50	53:25	23.03	14	3:29	232	6:17
Rad Net	20.00	40:13	29.84	23	22:04	138	22:04	20.50	53:25	23.03	14	3:29	232	6:17
Wechsel R->L	-	0:44	-	2	0:01	31	0:15	20.50	54:09	22.71	28		229	6:05
Rad Total	20.00	40:57	29.30	21	20:45	128	20:45	20.50	54:09	22.71	28		229	6:05
ZZ Lauf	2.50	11:10	13.43	14	2:19	78	3:11	23.00	1:05:19	21.13	27		228	8:24
Lauf Ziel	2.50	11:40	12.86	13	2:15	78	3:07	25.50	1:16:59	19.87	15	13:39	91	18:58
Lauf Total	5.00	22:50	13.14	13	4:34	78	6:11	25.50	1:16:59	19.87	15	13:39	91	18:58