



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Hoffmann, Joachim

Total time: 1:18:26

Number: 248

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 117 (of 313)

Rank in course/Men: 105 (of 231)

Best time in course: 58:01

Category:

männliche AK 4 (TM 35)

Rank in category: 17(of 28)

Best time in the category: 1:03:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:28	2.87	14	2:18	88	3:25	0.50	10:28	2.87	13	0:56	30	0:50
Wechsel S->R	-	3:09	-	21	1:37	145	2:01	0.50	13:37	2.20	13	2:02	232	1:45
Schwimmen Total	0.50	13:37	2.20	13	2:02	232	1:45	0.50	13:37	2.20	13	2:02	232	1:45
ZZ Rad	5.75	7:40	45.00	9	0:50	51	1:14	6.25	21:17	17.62	13	1:45	232	2:03
ZZ Rad	4.25	11:01	23.15	13	1:32	93	1:46	10.50	32:18	19.50	27		227	2:59
ZZ Rad	4.25	11:13	22.73	18	1:43	114	1:54	14.75	43:31	20.34	27		227	4:11
Rad Ziel	5.75	8:57	38.55	18	1:32	124	4:20	20.50	52:28	23.44	13	2:32	20	5:20
Rad Net	20.00	38:51	30.89	16	20:42	101	20:42	20.50	52:28	23.44	13	2:32	20	5:20
Wechsel R->L	-	0:58	-	14	0:15	85	0:29	20.50	53:26	23.02	28		229	5:22
Rad Total	20.00	39:49	30.14	15	19:37	91	19:37	20.50	53:26	23.02	28		229	5:22
ZZ Lauf	2.50	12:17	12.21	18	3:26	127	4:18	23.00	1:05:43	21.00	27		228	8:48
Lauf Ziel	2.50	12:43	11.80	18	3:18	133	4:10	25.50	1:18:26	19.51	17	15:06	105	20:25
Lauf Total	5.00	25:00	12.00	18	6:44	130	8:21	25.50	1:18:26	19.51	17	15:06	105	20:25