



# 11. Triathlon Lorsch

Lorsch / 10.08.2014

## Detailed evaluation

Greminger, Horst

Total time: 1:19:21

Number: 262

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 131 (of 313)

Rank in course/Men: 114 (of 231)

Best time in course: 58:01

Category:

Senioren 7 (TM 70)

Rank in category: 1(of 4)

Best time in the category: 1:19:21

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
|-----------------|-------------|---------------|---------------|-------------|----------------|------------|---------------|-------------|---------------|---------------|-------------|----------------|------------|---------------|
| Schwimmen nett  | 0.50        | 11:58         | 2.51          | 1           | -              | 151        | 4:55          | 0.50        | 11:58         | 2.51          | 5           |                | 232        | 2:20          |
| Wechsel S->R    | -           | 2:23          | -             | 1           | -              | 90         | 1:15          | 0.50        | 14:21         | 2.09          | 5           |                | 232        | 2:29          |
| Schwimmen Total | 0.50        | 14:21         | 2.09          | 5           |                | 232        | 2:29          | 0.50        | 14:21         | 2.09          | 5           |                | 232        | 2:29          |
| ZZ Rad          | 5.75        | 7:51          | 43.95         | 1           | -              | 76         | 1:25          | 6.25        | 22:12         | 16.89         | 5           |                | 232        | 2:58          |
| ZZ Rad          | 4.25        | 11:09         | 22.87         | 1           | -              | 101        | 1:54          | 10.50       | 33:21         | 18.89         | 5           |                | 227        | 4:02          |
| ZZ Rad          | 4.25        | 11:00         | 23.18         | 1           | -              | 95         | 1:41          | 14.75       | 44:21         | 19.95         | 5           |                | 227        | 5:01          |
| Rad Ziel        | 5.75        | 8:49          | 39.13         | 1           | -              | 108        | 4:12          | 20.50       | 53:10         | 23.13         | 5           |                | 232        | 6:02          |
| Rad Net         | 20.00       | 38:49         | 30.91         | 1           | -              | 97         | 20:40         | 20.50       | 53:10         | 23.13         | 5           |                | 232        | 6:02          |
| Wechsel R->L    | -           | 1:22          | -             | 2           | 0:46           | 169        | 0:53          | 20.50       | 54:32         | 22.56         | 5           |                | 229        | 6:28          |
| Rad Total       | 20.00       | 40:11         | 29.86         | 1           | -              | 103        | 19:59         | 20.50       | 54:32         | 22.56         | 5           |                | 229        | 6:28          |
| ZZ Lauf         | 2.50        | 11:35         | 12.95         | 1           | -              | 96         | 3:36          | 23.00       | 1:06:07       | 20.87         | 5           |                | 228        | 9:12          |
| Lauf Ziel       | 2.50        | 13:14         | 11.34         | 1           | -              | 151        | 4:41          | 25.50       | 1:19:21       | 19.28         | 1           | -              | 114        | 21:20         |
| Lauf Total      | 5.00        | 24:49         | 12.09         | 1           | -              | 126        | 8:10          | 25.50       | 1:19:21       | 19.28         | 1           | -              | 114        | 21:20         |