



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Ueberhofen, Armin

Total time: 1:19:21

Club: Venice Beach Heidelberg

Number: 260

Course: 25.50 km

Rank in course/Total: 132 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 115 (of 231)

Best time in course: 58:01

Category:

Rank in category: 15(of 33)

Senioren 3 (TM 50)

Best time in the category: 1:04:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:01	2.72	17	3:04	114	3:58	0.50	11:01	2.72	34	0:23	232	1:23
Wechsel S->R	-	2:27	-	13	0:59	99	1:19	0.50	13:28	2.23	34		232	1:36
Schwimmen Total	0.50	13:28	2.23	34		232	1:36	0.50	13:28	2.23	34		232	1:36
ZZ Rad	5.75	8:06	42.59	17	1:06	109	1:40	6.25	21:34	17.39	34		232	2:20
ZZ Rad	4.25	11:35	22.01	22	2:03	144	2:20	10.50	33:09	19.00	33		227	3:50
ZZ Rad	4.25	11:11	22.80	18	1:49	113	1:52	14.75	44:20	19.96	33		227	5:00
Rad Ziel	5.75	8:47	39.28	17	1:23	104	4:10	20.50	53:07	23.16	34		232	5:59
Rad Net	20.00	39:39	30.26	19	20:58	123	21:30	20.50	53:07	23.16	34		232	5:59
Wechsel R->L	-	1:45	-	26	1:11	198	1:16	20.50	54:52	22.42	33		229	6:48
Rad Total	20.00	41:24	28.99	19	7:17	139	21:12	20.50	54:52	22.42	33		229	6:48
ZZ Lauf	2.50	12:00	12.50	16	2:06	116	4:01	23.00	1:06:52	20.64	33		25	9:57
Lauf Ziel	2.50	12:29	12.02	18	2:14	121	3:56	25.50	1:19:21	19.28	15	14:22	114	21:20
Lauf Total	5.00	24:29	12.25	17	4:04	114	7:50	25.50	1:19:21	19.28	15	14:22	114	21:20