



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Keil, Andreas

Total time: 1:20:35

Number: 12

Course: 25.50 km

Rank in course/Total: 148 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 129 (of 231)

Best time in course: 58:01

Category:

Rank in category: 9(of 11)

männliche AK 1 (TM 20)

Best time in the category: 58:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:12	2.94	8	3:09	71	3:09	0.50	10:12	2.94	2	0:04	22	0:34
Wechsel S->R	-	2:03	-	5	0:55	45	0:55	0.50	12:15	2.45	2		22	0:23
Schwimmen Total	0.50	12:15	2.45	2		22	0:23	0.50	12:15	2.45	2		22	0:23
ZZ Rad	5.75	8:36	40.12	9	1:48	171	2:10	6.25	20:51	17.99	2	0:37	22	1:37
ZZ Rad	4.25	11:41	21.83	8	2:26	155	2:26	10.50	32:32	19.36	2	1:50	22	3:13
ZZ Rad	4.25	12:13	20.87	9	2:54	176	2:54	14.75	44:45	19.78	2	3:41	22	5:25
Rad Ziel	5.75	9:16	37.23	8	1:59	151	4:39	20.50	54:01	22.77	2	4:43	22	6:53
Rad Net	20.00	41:46	28.73	9	18:57	168	23:37	20.50	54:01	22.77	2	4:43	22	6:53
Wechsel R->L	-	1:11	-	10	0:39	135	0:42	20.50	55:12	22.28	2	4:54	22	7:08
Rad Total	20.00	42:57	27.94	9	18:26	165	22:45	20.50	55:12	22.28	2	4:54	22	7:08
ZZ Lauf	2.50	12:49	11.70	11	4:50	158	4:50	23.00	1:08:01	20.29	2	5:45	22	11:06
Lauf Ziel	2.50	12:34	11.94	9	3:54	127	4:01	25.50	1:20:35	18.99	9	22:34	129	22:34
Lauf Total	5.00	25:23	11.82	10	8:44	138	8:44	25.50	1:20:35	18.99	9	22:34	129	22:34