



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Kendel, Arno

Total time: 1:19:42

Number: 247

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 137 (of 313)

Rank in course/Men: 120 (of 231)

Best time in course: 58:01

Category:

Senioren 3 (TM 50)

Rank in category: 16(of 33)

Best time in the category: 1:04:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:32	2.85	14	2:35	94	3:29	0.50	10:32	2.85	34		232	0:54
Wechsel S->R	-	3:12	-	20	1:44	149	2:04	0.50	13:44	2.18	34	0:10	232	1:52
Schwimmen Total	0.50	13:44	2.18	34	0:10	232	1:52	0.50	13:44	2.18	34	0:10	232	1:52
ZZ Rad	5.75	8:25	40.99	25	1:25	152	1:59	6.25	22:09	16.93	34		232	2:55
ZZ Rad	4.25	11:39	21.89	23	2:07	151	2:24	10.50	33:48	18.64	33		227	4:29
ZZ Rad	4.25	11:47	21.64	24	2:25	159	2:28	14.75	45:35	19.41	33		227	6:15
Rad Ziel	5.75	9:15	37.30	22	1:51	150	4:38	20.50	54:50	22.43	34		232	7:42
Rad Net	20.00	41:06	29.20	24	22:25	161	22:57	20.50	54:50	22.43	34		232	7:42
Wechsel R->L	-	1:16	-	16	0:42	154	0:47	20.50	56:06	21.93	33		229	8:02
Rad Total	20.00	42:22	28.32	23	8:15	157	22:10	20.50	56:06	21.93	33		229	8:02
ZZ Lauf	2.50	11:23	13.18	12	1:29	86	3:24	23.00	1:07:29	20.45	33		228	10:34
Lauf Ziel	2.50	12:13	12.28	13	1:58	107	3:40	25.50	1:19:42	19.20	16	14:43	120	21:41
Lauf Total	5.00	23:36	12.71	13	3:11	97	6:57	25.50	1:19:42	19.20	16	14:43	120	21:41