



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Baumgarten, Silvia

Total time: 1:59:54

Club: TuS Hochheim

Number: 151

Course: 25.50 km

Rank in course/Total: 307 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 82 (of 82)

Best time in course: 1:06:42

Category:

Rank in category: 2(of 2)

Seniorinnen 5 (TW 60)

Best time in the category: 1:39:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	15:20	1.96	2	1:48	75	8:35	0.50	15:20	1.96	2	1:48	5	0:13
Wechsel S->R	-	4:22	-	2	0:12	77	2:52	0.50	19:42	1.52	2	2:00	5	1:24
Schwimmen Total	0.50	19:42	1.52	2	2:00	5	1:24	0.50	19:42	1.52	2	2:00	5	1:24
ZZ Rad	5.75	10:56	31.55	2	0:59	80	3:36	6.25	30:38	12.24	2	2:59	5	2:38
ZZ Rad	4.25	15:39	16.29	2	1:58	79	5:36	10.50	46:17	13.61	2	4:57	5	5:26
ZZ Rad	4.25	16:14	15.71	2	2:33	81	6:11	14.75	1:02:31	14.16	2	7:30	5	9:01
Rad Ziel	5.75	12:56	26.68	2	1:44	80	4:58	20.50	1:15:27	16.30	2	9:14	5	11:44
Rad Net	20.00	55:45	21.52	2	7:14	80	20:21	20.50	1:15:27	16.30	2	9:14	5	11:44
Wechsel R->L	-	1:45	-	1	-	71	1:10	20.50	1:17:12	15.93	2	9:09	5	12:28
Rad Total	20.00	57:30	20.87	2	7:09	81	21:25	20.50	1:17:12	15.93	2	9:09	5	12:28
ZZ Lauf	2.50	20:53	7.18	2	5:30	81	12:00	23.00	1:38:05	14.07	2	14:39	5	20:33
Lauf Ziel	2.50	21:49	6.88	2	5:30	81	12:34	25.50	1:59:54	12.76	2	20:09	82	53:12
Lauf Total	5.00	42:42	7.03	2	11:00	81	24:34	25.50	1:59:54	12.76	2	20:09	82	53:12