



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Thinius, Wolfgang

Total time: 1:41:10

Club: TVGG Lorsch

Number: 219

Course: 25.50 km

Rank in course/Total: 291 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 216 (of 231)

Best time in course: 58:01

Category:

Rank in category: 20(of 21)

Senioren 4 (TM 55)

Best time in the category: 1:09:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:02	2.72	8	3:13	116	3:59	0.50	11:02	2.72	9		232	1:24
Wechsel S->R	-	3:23	-	14	1:36	164	2:15	0.50	14:25	2.08	9		232	2:33
Schwimmen Total	0.50	14:25	2.08	9		232	2:33	0.50	14:25	2.08	9		232	2:33
ZZ Rad	5.75	11:12	30.80	21	4:00	230	4:46	6.25	25:37	14.64	9	1:54	232	6:23
ZZ Rad	4.25	14:59	17.02	21	4:54	224	5:44	10.50	40:36	15.52	9	5:53	227	11:17
ZZ Rad	4.25	14:56	17.08	20	4:51	222	5:37	14.75	55:32	15.94	9	9:30	227	16:12
Rad Ziel	5.75	11:56	28.91	20	3:55	225	7:19	20.50	1:07:28	18.23	9	12:27	232	20:20
Rad Net	20.00	53:03	22.62	21	17:25	230	34:54	20.50	1:07:28	18.23	9	12:27	232	20:20
Wechsel R->L	-	0:52	-	4	0:12	64	0:23	20.50	1:08:20	18.00	9	11:52	229	20:16
Rad Total	20.00	53:55	22.26	21	17:07	227	33:43	20.50	1:08:20	18.00	9	11:52	229	20:16
ZZ Lauf	2.50	15:36	9.62	18	5:36	212	7:37	23.00	1:23:56	16.44	9	15:50	228	27:01
Lauf Ziel	2.50	17:14	8.70	19	6:35	214	8:41	25.50	1:41:10	15.12	20	31:24	216	43:09
Lauf Total	5.00	32:50	9.14	18	11:56	212	16:11	25.50	1:41:10	15.12	20	31:24	216	43:09