



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Smejkal, Emil

Total time: 1:20:44

Number: 27

Course: 25.50 km

Rank in course/Total: 150 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 131 (of 231)

Best time in course: 58:01

Category:

Rank in category: 1(of 5)

Senioren 6 (TM 65)

Best time in the category: 1:20:44

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	13:24	2.24	3	2:12	195	6:21	0.50	13:24	2.24	1	-	23	3:46	
Wechsel S->R	-	2:53	-	2	0:12	127	1:45	0.50	16:17	1.84	1	-	23	4:25	
Schwimmen Total	0.50	16:17	1.84	1	-	23	4:25	0.50	16:17	1.84	1	-	23	4:25	
ZZ Rad	5.75	7:43	44.71	1	-	58	1:17	6.25	24:00	15.63	1	-	23	4:46	
ZZ Rad	4.25	10:41	23.87	1	-	59	1:26	10.50	34:41	18.16	1	-	23	5:22	
ZZ Rad	4.25	10:53	23.43	1	-	82	1:34	14.75	45:34	19.42	1	-	23	6:14	
Rad Ziel	5.75	8:40	39.81	1	-	90	4:03	20.50	54:14	22.68	1	-	23	7:06	
Rad Net	20.00	37:57	31.62	1	-	71	19:48	20.50	54:14	22.68	1	-	23	7:06	
Wechsel R->L	-	1:34	-	2	0:25	187	1:05	20.50	55:48	22.04	1	-	23	7:44	
Rad Total	20.00	39:31	30.37	1	-	85	19:19	20.50	55:48	22.04	1	-	23	7:44	
ZZ Lauf	2.50	12:20	12.16	2	0:03	134	4:21	23.00	1:08:08	20.25	1	-	23	11:13	
Lauf Ziel	2.50	12:36	11.90	1	-	128	4:03	25.50	1:20:44	18.95	1	-	131	22:43	
Lauf Total	5.00	24:56	12.03	1	-	129	8:17	25.50	1:20:44	18.95	1	-	131	22:43	