



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Suzdal, Nikita

Number: 309

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

männliche AK 1 (TM 20)

Rank in course/Total: DNF (of 313)

Rank in course/Men: DNF (of 231)

Best time in course: 58:01

Rank in category: DNF(of 11)

Best time in the category: 58:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:46	2.55	10	4:43	144	4:43	0.50	11:46	2.55	12	1:38	232	2:08
Wechsel S->R	-	2:20	-	10	1:12	81	1:12	0.50	14:06	2.13	12	1:44	232	2:14
Schwimmen Total	0.50	14:06	2.13	12	1:44	232	2:14	0.50	14:06	2.13	12	1:44	232	2:14
ZZ Rad	5.75	10:36	32.55	11	3:48	228	4:10	6.25	24:42	15.18	12	4:28	232	5:28
ZZ Rad	4.25	fehlt!	-	-	-	-	-	10.50	-	-	-	-	-	-
ZZ Rad	4.25	fehlt!	-	-	-	-	-	14.75	-	-	-	-	-	-
Rad Ziel	5.75	12:13	28.24	11	4:56	228	7:36	20.50	36:55	33.32	12		232	
Rad Net	20.00	22:49	52.59	1	-	4	4:40	20.50	36:55	33.32	12		232	
Wechsel R->L	-	1:42	-	11	1:10	196	1:13	20.50	38:37	31.85	12		229	
Rad Total	20.00	24:31	48.95	1	-	2	4:19	20.50	38:37	31.85	12		229	
ZZ Lauf	2.50	12:42	11.81	10	4:43	151	4:43	23.00	51:19	26.89	12		228	
Lauf Ziel	2.50	fehlt!	-	-	-	-	-	25.50	-	-	-	-	-	-
Lauf Total	5.00		-	-	fehlt!	-	fehlt!	25.50		-	-		-	