



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Toth, Christofer

Total time: 1:06:58

Club: Body Attack

Number: 303

Course: 25.50 km

Rank in course/Total: 16 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 15 (of 231)

Best time in course: 58:01

Category:

Rank in category: 1(of 15)

männliche AK 2 (TM 25)

Best time in the category: 1:06:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:47	3.42	1	-	19	1:44	0.50	8:47	3.42	16		232	
Wechsel S->R	-	2:20	-	4	0:51	81	1:12	0.50	11:07	2.70	16		232	
Schwimmen Total	0.50	11:07	2.70	16		232		0.50	11:07	2.70	16		232	
ZZ Rad	5.75	7:24	46.62	3	0:21	30	0:58	6.25	18:31	20.25	16		232	
ZZ Rad	4.25	9:46	26.11	1	-	12	0:31	10.50	28:17	22.27	16		227	
ZZ Rad	4.25	9:31	26.80	1	-	7	0:12	14.75	37:48	23.41	16		227	
Rad Ziel	5.75	7:35	45.49	1	-	10	2:58	20.50	45:23	27.10	16		232	
Rad Net	20.00	34:16	35.02	1	-	17	16:07	20.50	45:23	27.10	16		232	
Wechsel R->L	-	0:58	-	7	0:22	85	0:29	20.50	46:21	26.54	16		229	
Rad Total	20.00	35:14	34.06	1	-	14	15:02	20.50	46:21	26.54	16		229	
ZZ Lauf	2.50	10:06	14.85	3	1:01	31	2:07	23.00	56:27	24.45	16		228	
Lauf Ziel	2.50	10:31	14.26	3	1:14	30	1:58	25.50	1:06:58	22.85	1	-	15	8:57
Lauf Total	5.00	20:37	14.55	3	2:15	30	3:58	25.50	1:06:58	22.85	1	-	15	8:57