



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Walita, Sascha

Total time: 1:06:19

Club: LF Naheland Triathlon

Number: 321

Course: 25.50 km

Rank in course/Total: 13 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 13 (of 231)

Best time in course: 58:01

Category:

Rank in category: 2(of 38)

Senioren 1 (TM 40)

Best time in the category: 1:05:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:01	3.33	6	1:43	24	1:58	0.50	9:01	3.33	1	-	232	
Wechsel S->R	-	1:50	-	2	0:07	23	0:42	0.50	10:51	2.76	1	-	232	
Schwimmen Total	0.50	10:51	2.76	1	-	232		0.50	10:51	2.76	1	-	232	
ZZ Rad	5.75	7:25	46.52	6	0:41	33	0:59	6.25	18:16	20.53	1	-	232	
ZZ Rad	4.25	9:49	25.98	4	0:14	14	0:34	10.50	28:05	22.43	1	-	227	
ZZ Rad	4.25	9:48	26.02	4	0:18	16	0:29	14.75	37:53	23.36	1	-	227	
Rad Ziel	5.75	7:56	43.49	6	0:37	26	3:19	20.50	45:49	26.85	1	-	232	
Rad Net	20.00	34:58	34.32	5	1:38	23	16:49	20.50	45:49	26.85	1	-	232	
Wechsel R->L	-	0:46	-	7	0:17	37	0:17	20.50	46:35	26.40	1	-	229	
Rad Total	20.00	35:44	33.58	4	1:41	18	15:32	20.50	46:35	26.40	1	-	229	
ZZ Lauf	2.50	9:35	15.65	2	0:01	16	1:36	23.00	56:10	24.57	1	-	228	
Lauf Ziel	2.50	10:09	14.78	2	0:26	22	1:36	25.50	1:06:19	23.07	2	0:48	13	8:18
Lauf Total	5.00	19:44	15.20	2	0:27	18	3:05	25.50	1:06:19	23.07	2	0:48	13	8:18