



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Niebler, Susanne

Club: TSV-Amicitia

Number: 273

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

Seniorinnen 1 (TW 40)

Total time: 1:28:07

Rank in course/Total: 219 (of 313)

Rank in course/Women: 41 (of 82)

Best time in course: 1:06:42

Rank in category: 7(of 14)

Best time in the category: 1:06:42

Intermediate times				Stage score				Total ranking							
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen nett	0.50	13:12	2.27	8	4:33	60	6:27	0.50	13:12	2.27	15	4:32	83		
Wechsel S->R	-	2:11	-	3	0:35	17	0:41	0.50	15:23	1.95	5	5:07	83		
Schwimmen Total	0.50	15:23	1.95	5	5:07	83		0.50	15:23	1.95	5	5:07	83		
ZZ Rad	5.75	9:01	38.26	7	1:41	43	1:41	6.25	24:24	15.37	15	6:48	83		
ZZ Rad	4.25	12:40	20.13	7	2:37	45	2:37	10.50	37:04	17.00	15	9:25	83		
ZZ Rad	4.25	12:22	20.62	6	2:19	39	2:19	14.75	49:26	17.90	15	11:44	83		
Rad Ziel	5.75	9:41	35.63	5	1:43	32	1:43	20.50	59:07	20.81	15	13:27	83		
Rad Net	20.00	43:44	27.44	7	8:20	42	8:20	20.50	59:07	20.81	15	13:27	83		
Wechsel R->L	-	1:09	-	7	0:28	34	0:34	20.50	1:00:16	20.41	15	13:55	83		
Rad Total	20.00	44:53	26.74	7	8:48	40	8:48	20.50	1:00:16	20.41	15	13:55	83		
ZZ Lauf	2.50	13:34	11.06	7	3:41	44	4:41	23.00	1:13:50	18.69	15	17:36	83		
Lauf Ziel	2.50	14:17	10.50	7	3:49	50	5:02	25.50	1:28:07	17.36	7	21:25	41	21:25	
Lauf Total	5.00	27:51	10.77	7	7:30	48	9:43	25.50	1:28:07	17.36	7	21:25	41	21:25	