



11. Triathlon Lorsch

Lorsch / 10.08.2014

Detailed evaluation

Finn, Jochen

Total time: 1:29:10

Number: 270

Course: 25.50 km

Rank in course/Total: 226 (of 313)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 183 (of 231)

Best time in course: 58:01

Category:

Rank in category: 32(of 39)

Senioren 2 (TM 45)

Best time in the category: 1:07:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:17	2.92	11	1:38	75	3:14	0.50	10:17	2.92	14		232	0:39
Wechsel S->R	-	3:40	-	32	2:04	181	2:32	0.50	13:57	2.15	14		232	2:05
Schwimmen Total	0.50	13:57	2.15	14		232	2:05	0.50	13:57	2.15	14		232	2:05
ZZ Rad	5.75	8:43	39.58	29	1:26	182	2:17	6.25	22:40	16.54	14	0:19	232	3:26
ZZ Rad	4.25	12:09	20.99	30	2:15	176	2:54	10.50	34:49	18.09	14	1:15	227	5:30
ZZ Rad	4.25	12:16	20.79	30	2:22	178	2:57	14.75	47:05	18.80	14	2:21	227	7:45
Rad Ziel	5.75	9:46	35.32	29	2:01	181	5:09	20.50	56:51	21.64	14	3:14	232	9:43
Rad Net	20.00	42:54	27.97	29	8:02	180	24:45	20.50	56:51	21.64	14	3:14	232	9:43
Wechsel R->L	-	2:15	-	37	1:44	222	1:46	20.50	59:06	20.81	14	4:19	229	11:02
Rad Total	20.00	45:09	26.58	30	9:30	189	24:57	20.50	59:06	20.81	14	4:19	229	11:02
ZZ Lauf	2.50	15:50	9.47	37	6:33	216	7:51	23.00	1:14:56	18.42	14	9:55	228	18:01
Lauf Ziel	2.50	14:14	10.54	31	4:44	178	5:41	25.50	1:29:10	17.16	32	21:40	183	31:09
Lauf Total	5.00	30:04	9.98	34	11:17	200	13:25	25.50	1:29:10	17.16	32	21:40	183	31:09